



# DAILY PLANNER

avril



IMPORTANT

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DATE :

## MA JOURNÉE

07:00 \_\_\_\_\_

08:00 \_\_\_\_\_

09:00 \_\_\_\_\_

10:00 \_\_\_\_\_

11:00 \_\_\_\_\_

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20:00 \_\_\_\_\_

## TO DO LIST

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## À LA MAISON

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SANTÉ

NOTES

## HYDRATATION

